

## ***CHOOSING A COACH***

My father and I had a rocky relationship many years ago, but we have settled our differences now and we are still working together.

I think having a coach is interesting and very important.

A coach helps to temper emotions on the one hand, and to introduce some pragmatism into the relationship on the other hand.

Also, for my situation, the coach had to be someone both my father and I respected, so there needed to be mutual agreement on who would be the coach.

It was clear to me that having a coach was to help with my insertion into a role as head of the company.